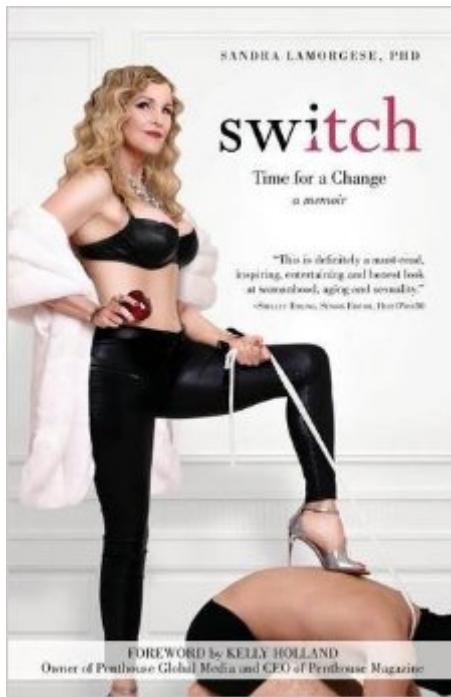


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Switch: Time For A Change



Synopsis

Sandra is living proof that you can do anything you want, at any age, and that you can follow your passion no matter what it is. Sandra's journey through life will challenge all your assumptions about middle-aged or 'older' women. Her sexual evolution will make you want to embark on your OWN sexual evolution. This is definitely a must-read, inspiring, entertaining and honest look at womanhood, aging and sexuality." -- Shelley Emling, Senior Editor, Huff/Post50 Switch is a book unlike any other, it has something for everyone. Will it push you out of your comfort zone? Most certainly. Are parts of it shocking and risquE? Of course! But will it also take you on an eloquent and meaningful journey of self-discovery, honesty, and love? Absolutely. In her memoir, Dr. Sandra LaMorgese (and her dominatrix alter-ego) take readers on a wild ride through a story that begins with struggle and defeat, but ultimately transforms into a tale of fulfillment, success, and happiness--all because of a year spent working in one of the most famous BDSM dungeons in New York City at 55 years old after losing everything Her on-the-job stories will make your jaw drop, and her stream-of-consciousness descriptions of her first days down in the dungeon will have you laughing out loud. Most importantly, though, in Switch, you will meet a person who faced challenges just like yours--dreams that looked unattainable, a love life that felt unfulfilling, and a future that seemed full of uncertainty. You will listen in on every epiphany during the difficult times of transition, and you will witness the beautiful metamorphosis that brought her to a place of true success, love, and peace. Through Sandra's vulnerability, bravery, and unfailing sense of humor, you just might find the same courage that she did--the courage to live authentically and to finally create the life of your dreams.

Book Information

Paperback: 210 pages

Publisher: Edge Play Publishing (June 30, 2016)

Language: English

ISBN-10: 0986263907

ISBN-13: 978-0986263903

Product Dimensions: 5.5 x 0.4 x 8.5 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (10 customer reviews)

Best Sellers Rank: #442,795 in Books (See Top 100 in Books) #78 inÂ Books > Comics & Graphic Novels > Graphic Novels > Religion & Spirituality #112 inÂ Books > Religion & Spirituality > New

Customer Reviews

Seriously Å“ almost giddy with resonance to pretty much everything you wrote! Like my biggest singing bowl on steroids! I identify so strongly with, well, ALL of it! The way you write is magical and I saw through your eyes as you took this journey! Really. I cannot quite find the words except I felt like I was the one having the epiphany!? Do you understand? Wow. Incredible! I shall find it hard to shut down tonight and most likely will reread it as I almost couldnÅ“t believe my eyes the first time! The Tantra, the background, the chakras Å“ I have come a long way in the last two years since I had my own Å“Big BangÅ“ and to see what you went on to do with yours is nothing short of amazing. Really Å“ amazing words and my vibrational energy is absolutely peaking as a result of you sharing your personal trip! Say it loud, say it proud Å“ this is part of you and what a journey itÅ“s been for you! Again Å“ Wow! Thank You ~J xxx

Sandra speaks the truth from the heart and we can all take a lesson away from it. You donÅ“t have to become a Dominatrix to apply her wisdom to your life. ItÅ“s about finding your passion and follow it wholeheartedly, not caring about other peopleÅ“s opinion, defining boundaries, not taking any BS, being authentic and true to yourself, not judging and finding out what makes you happy. I can relate to everything you say! Thank you for sharing your journey towards happiness and being brave enough to follow through! The world needs more people like you, you are a true inspiration and I am so happy we met! ~ Monika Werner, Director, Teacher, Yogini at Bold and Naked Yoga

After reading Switch a couple months ago, I came to realize that if I want change my circumstances, whether financial or life changing, it is up to me to make it happen. Like many of her readers, Ms. LaMorgese was just coming out of a divorce and was stuck in the boring circle of everyday existence. She showed me that through meditation and yoga I could build my self confidence. She also helped me to not be ashamed of my desires and fantasies and how acting on them can actually empower me. It has been liberating to talk about my fantasies (with my husband) which I have always kept private in the past. It is a turn on to him and things just get better all the time. I would recommend this book to my friends. ~

What a wonderful book! As a woman of a certain age I found it inspiring how Sandra was able to remake her entire life at a time when many people, including myself, feel that the best part of life has already passed. I also loved how the book opened my eyes to the possibilities involved when we open our minds to alternative directions. Yes the dungeon stuff was awesome but this book is more than that. It shows how a strong woman who refuses to give up can accomplish many things. Reading this taught me that I can learn by opening my mind and refusing to accept a predetermined role. It also taught me that opening my mind can enhance my life experience in many ways. Thank you Sandra.

Switch is an erotic journey of self discovery and personal empowerment. While reading this book, I found myself looking forward to each page and chapter as I learned more and more about myself as a person, through the experiences of Sandra/Vivian. In the end, Switch proved to be about the journey each of us is able to take in order to realize our most authentic self. Brilliant, erotic, insightful are just a few words I'd use to describe Switch.

~Maryam O'Connor

Her well-written narrative is part travel-guide to the world of BDSM and part honest life confessional of a tough, fiercely intelligent woman. The descriptions of the inner working of BDSM subculture and professional dominatrixes are utterly compelling and clearly by an insider. This is not a book written by a reporter on the sidelines and that comes across on every page. Sandra's ability to convey her transformation and ultimate triumph makes Switch a book that has a wide appeal beyond the BDSM community.

Sandra LaMorgese's Switch: Time for a Change is different. Aside from the fact that I really like Sandra, her story about how she changed her life post-divorce in her early to mid-50's, especially when it came to dating, sex and sexuality, is personal, powerful and honest, and not just the parts in which she decided to become a Dominatrix at 55. Aside from getting an inside look into her training and sessions at a Manhattan BDSM dungeon, Sandra's midlife sexual evolution is more than just about spanking, knife play and humiliating grown-ass masters of the universe. It was her way out of getting pummeled by a financial-crushing business blow. It was also part of discovering her sexual side and how it built her confidence in all aspects of her life, including dating. It's a very thoughtful, mindful, intelligent and very open-minded memoir. I have no doubt that you'll find Sandra the kind of person you'd want to be.

with or be like.~Bobbie Morgan, A Good Woman's Dirty Mind

Just tell me what can't you do?? I'm hooked!! I'm about 25 pages in and dam girl I'm blown away. WOW!! Doesn't surprise me though. .can't wait to finish!!!! ~ Ra Hanna

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